



Newsletter – JANUARY 2025

A Wall Comes Down and a New Era for Our Community Begins!

Dear Beloved Community,

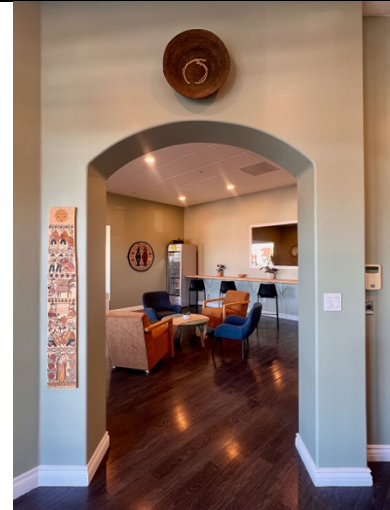
Welcome to 2025! As we step into this new year filled with possibility and intention, my heart is overwhelmed with gratitude and joy. On January 2, something magical unfolded at Thermal Horizons: the wall came down between our old studio and the space next door, revealing the sanctuary I have dreamed of since we first opened our doors.



This expansion represents more than just additional square footage. It is the embodiment of a vision, a labor of love, and a testament to the strength and connection of our incredible community. From the beginning, it has been my dream to create a sanctuary where yoga, wellness, and human connection intertwine. Today, I am humbled to say that dream has surpassed my wildest expectations.



To my partner and co-creator, Ben: your tireless dedication to every detail of this construction has turned a vision into reality. Your craftsmanship and care have built more than walls; you've created a space where we can breathe, move, and heal together. I could not be more grateful for your devotion and talent.



What's New in the Space

The new space is designed to nurture balance, strength, and serenity - a true haven for mind, body, and spirit. It's here that we will:

- Step onto our mats for yoga and movement that cultivates growth and connection.
- Recharge in FAR Infrared saunas.
- Immerse in wellness with offerings like cold plunges, reading nooks, conversation areas, and expanded therapeutic services.

We're thrilled to announce in the new space:

- **PILATES REFORMERS** are **ON THEIR WAY!** Classes scheduled to start February 1!
- **COLD PLUNGE** is now available! In addition to our already immensely popular FAR InfraRed Sauna Suites, the Plunge All-In Commercial Max has been installed and is ready to book!
- Kennedy Mullen opened her **Creating Alignment** on January 6. Services available: Myofascial Release Assisted Stretch Therapy Reiki Energy Healing
- Tiffany Morello and the House of Alchemy are providing skincare and lymphatic massage services.
- Our Dear friends, Karen and Christy, will expand the amazing 8th and Main Hair Lounge, offering blowouts beginning February 1.
- Kenya DeJarnette, our extraordinary yoga therapist, is holding space to provide individualized Yoga Therapy beginning March 1.



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- We are also exploring the incredible opportunity to welcome Tami Wilson, an on-site psychologist to complete our vision for a holistic wellness center.

With two spaces still available for wellness practitioners, the possibilities for collaboration and growth are endless.



A Community Effort

This milestone would not have been possible without your patience, understanding, and encouragement during the months of construction. Thank you for believing in this dream and for being the heartbeat of Thermal Horizons. You inspire us every single day to continue creating a space that feels like home.



As we move forward, know that this is not just our space—it is yours. Whether you come to practice, to heal, or simply to find a moment of peace, this sanctuary is for you. Together, we will continue to grow, support one another, and make this community stronger than ever.

With endless gratitude and love,

Jaime (and Ben)

SPECIAL EVENT



✨ An Evening of Healing with Spiritual Medium Yesenia Berbiar ✨

Join us for a transformative evening of connection and healing at Thermal Horizons!

Date: Saturday, January 18, 2025

Time: 6:00 PM - 8:00 PM

Investment: \$100 per person

✨ What Awaits You:

Step into an intimate gathering with the renowned Yesenia Berbiar, a gifted spiritual medium who has been bridging the gap between this world and the next for years. From heartfelt reunions with loved ones to messages from cherished pets, this evening promises to uplift your spirit and bring healing to your heart.

Location: 25834 McBean Pkwy, Santa Clarita, CA 91355

Reserve Your Seat: Call Thermal Horizons at (661) 476-5372

Learn more at: www.HealingHeartsHealingSouls.com

Limited seats available! Don't miss this unique opportunity to connect with the other side.

Please note: While Yesenia will connect with as many souls as possible, individual readings are not guaranteed.

✨ Your loved ones are closer than you think—secure your space today! ✨